

# Exchange@sea

THALASSA  
Bon voyage, plastic!

BREST (FR) - DUBLIN (IE)

19/07/2024 - 31/07/2024

## HOW TO GET TO BREST, FRANCE

The adventure starts from Brest (FR) and has its ending point in Dublin - Dun Loaghaire (IE). Reimbursement of your travel costs to and from the port will be made by the Erasmus+ Program of the European Union, several months after the end of the voyage and up to a certain amount depending on the trainee's country (according to the rules of the Erasmus+ Program).

Maximum possible reimbursement: the Netherlands, France, and Ireland: € 275 (€ 320 if green travel options are chosen,) Estonia € 360 (€ 410 if green travel options are chosen).

Please note that the budget for the green option of traveling may only be used for bus and/or train travel and/or carpooling.



## IN BREST





Once you get to Brest, you might need to go directly to the Port of Brest. In order to be reimbursed, you have to take public transportation. We cannot reimburse private transfers like taxi rides.

The month before the start of the voyage will be shared with trainees a document with the last voyage information, and the meeting point where the group will gather.

## ENDING POINT IN DUBLIN

Our Youth Exchange will have its end in Dublin - Dun Loaghaire. Suggestions for traveling back for Irish participants were, therefore, not given. In case the trainee needs support in arranging transportation from Dublin to his/her hometown, please contact us.

## Go to detailed travel suggestions per country

FOR THE DUTCH PARTICIPANTS 	2
FOR THE FRENCH PARTICIPANTS 	3
FOR THE ESTONIAN PARTICIPANTS 	3
FOR THE IRISH PARTICIPANTS 	4
ALTERNATIVES.....	4

## FOR THE DUTCH PARTICIPANTS

### REACHING BREST

#### By plane

The quickest and most convenient way to travel from the Netherlands to Brest is to fly from **Amsterdam** or **Rotterdam** to **Paris Charles de Gaulle airport**. From there, you can take a train or bus to Brest, which takes about 3-4 hours.

#### Green travel options:

You can take a train from **Amsterdam** or **Rotterdam** to **Lille**, France, which takes about 2.5-3 hours. From there, you can take a regional train or bus to Brest, which takes about 3-4 hours. The Brest train station (Gare de Brest) is well-connected to major cities in France. You can take [a high-speed TGV train or regional TER train](#) to reach Brest

### TRAVELING BACK FROM DUBLIN

#### By plane

The most common and convenient way to travel from **Dublin** to the **Netherlands** is by air. You can book a flight from **Dublin Airport** (officially known as Dublin Airport - Aerfort Bhaile Átha Cliath) to one of the major airports in the Netherlands, such as Amsterdam Airport Schiphol (AMS), Rotterdam (RTM), or Eindhoven Airport (EIN).

#### Green travel option

You can also travel from **Dublin** to the **Netherlands** by taking a ferry. You would need to drive or take public transportation to a UK port such as **Holyhead** or **Hull**, and then take a ferry from there to a **Dutch** port. Ferry operators like [Stena Line](#) and [P&O Ferries](#) offer these services.

## FOR THE FRENCH PARTICIPANTS

### REACHING BREST

You can take a train to **Brest** from major cities in **France**. The Brest train station (**Gare de Brest**) is well-connected to the **French rail network**. High-speed TGV trains and regional TER trains operate to and from Brest, making it a convenient mode of transportation.

### TRAVELING BACK FROM DUBLIN

#### By plane

The most convenient and common way to travel from **Dublin** to **France** is by air. You can book a flight from **Dublin Airport** to one of the major airports in France, such as Paris Charles de Gaulle Airport (CDG), Paris Orly Airport (ORY), Nice Côte d'Azur Airport (NCE), Lyon-Saint Exupéry Airport (LYS), Marseille Provence Airport (MRS), or other regional airports depending on your destination in France.

#### Green travel options

If you prefer an alternative to flying, you can take a ferry from **Dublin** to a port in **France**. Ferry services are available from **Dublin Port** to various **French ports**, including **Cherbourg**, **Roscoff**, and **St. Malo**. Companies like [Irish Ferries](#) and [Brittany Ferries](#) operate these routes. The journey by ferry takes longer than flying but can be a scenic and relaxing way to travel.

## FOR THE ESTONIAN PARTICIPANTS

### REACHING BREST

To travel from **Estonia** to **Brest**, you have several options, typically involving multiple modes of transportation. Since there are no direct flights between Estonia and Brest, you'll need to combine air, train, and possibly other means to reach your destination.

The most convenient way to start your journey is to book a flight from an airport in **Estonia** (e.g., **Tallinn Airport**) to one of the major airports in **France**, such as **Paris Charles de Gaulle Airport** (CDG) or **Paris Orly Airport** (ORY). **Paris** is well-connected to both Estonia and Brest.

After arriving in **Paris**, you can take a high-speed TGV train from Montparnasse Station (**Gare Montparnasse**) to **Brest**. The train journey from Paris to Brest takes around 3-4 hours, and Brest has a centrally located train station (**Gare de Brest**).

#### Green travel options

If you prefer an alternative to flying, you can take a train from **Tallinn** to **Paris** or **Brussels**, and then take another train to **Brest**. This may take longer than flying, but it can be a more scenic and enjoyable way to travel.

## TRAVELING BACK FROM DUBLIN

The most common and convenient way to travel from **Dublin** to **Estonia** is to book a flight from Dublin Airport to **Lennart Meri Tallinn Airport** in **Tallinn**, the capital of **Estonia**. **Tallinn Airport** is the main international gateway to the country.

Once you arrive in **Tallinn**, you can continue your journey to other destinations in **Estonia**. Tallinn is well-connected to other cities in Estonia by domestic flights, buses, and trains.

## FOR THE IRISH PARTICIPANTS

### REACHING BREST

#### By plane

The most common and convenient way to travel from **Ireland** to **Brest** is to book a flight from an Irish airport, such as **Dublin Airport** or **Shannon Airport**, to one of the major airports in **Paris, France**. Paris is well-connected to both Ireland and Brest.

After arriving in **Paris**, you can take a high-speed TGV train from Montparnasse Station (**Gare Montparnasse**) to **Brest**. The train journey from **Paris** to **Brest** takes around 3-4 hours, and Brest has a centrally located train station (**Gare de Brest**).


#### Gren travel options

Another option is to take a ferry from **Ireland** (e.g., Rosslare or Cork) to a French port such as **Cherbourg**, and from there, continue your journey by train to **Brest**. Keep in mind that this option is more time-consuming and may require more planning.

## ALTERNATIVES

The train is already a pretty sustainable choice when it comes to traveling. Still, you have other possibilities.

You can take a look at **BlaBlaCar** if you want to avoid taking the train for part of the trip or making less changes (Recommended to +18 years old). BlaBlaCar is a website where you can find lift offers from people that travel on a certain journey and still have free places in their cars. Lifts are posted spontaneously by drivers, depending on where they are going, so you do not always find what you are looking for (at least not the complete journey you wish to do).

In this way you can save money, time, and make a sustainable and environmentally friendly choice for your trip! 

Here's the website: <https://www.blablacar.nl/>

**InterRail** is also an interesting option to keep in mind, especially for the youngsters turning 18. You can get a free pass to discover Europe by train.

All information is on the website: <https://www.interrail.eu/fr>

Please keep in mind that travel options and schedules may change, so it's a good idea to check with the relevant transportation providers for the most up-to-date information, including timetables, routes, and ticket prices.