# **KITLIST**



# FOR YOUR SAILING JOURNEY YOU SHOULD BRING THE FOLLOWING ITEMS

#### **DOCUMENTS**

#### COVID-19

All of the journeys are following the latest official guidelines in place to prevent the spread of Covid-19. At this moment some ships require either a proof of vaccination, proof of having recovered from Covid-19 in the past 6 months, or a negative test result in order to embark. Some Ships only accept fully-vaccinated trainees – see the table below. You might have to take an additional test despite being vaccinated, either before embarkation, or before stepping off the Ship in port. Make sure that your Digital Covid Certificate on hand and up to date before boarding. Please be aware that these conditions may change.

# Valid travel documents and papers

European Identity Card or valid passport for European citizens travelling within Europe (check the reverse of the ID card for countries in which it is valid). Valid passport for Non-European citizens or EU citizens travelling outside of Europe (valid for at least 6 months after your voyage). Insurance card and copy of policy (liability, health and travel insurance). Please also take a photocopy of your passport/ID with you.

You must always make sure to have the current and appropriate visas to your nationality and expected countries visited! For most countries you will find the latest information on the website of your ministry for foreign affairs.

#### Insurance

You are required to carry the following insurances:

- 1. Medical insurance, for your home country.
- 2. Travel insurance which covers medical expenses abroad, loss of luggage and third party liability.

Tip: Windseeker has good experience with <u>Topsail Insurance</u> (currently not available for EU citizens) and Allianz (please check Allianz Travel Insurance relevant to your country).

# Pocket money

Coffee, tea and milk are included. Other consumptions (soda, candy if available on board) will have to be paid for at the end of your Journey. Most ships accept cash, some also accept debit/credit cards.

# Drugs, Medication and/or Diets

Drugs of all kinds are not permitted on board. However, personal medication accompanied by doctor's statement or prescription is allowed. Please inform us in advance about your medical condition in the health statement. We will brief the responsible officer on board (and that person only). The cook on board is limited in the possibilities to make special food. If you are vegetarian or have special wishes, please let us know beforehand – if you did not mention it at the health statement – so we can inform the cook.

#### **CLOTHING AND TOILETRIES**

# Bag

When packing, think of the limited space on board. Packing in a foldable bag is recommended; there's no space to store big, hard covered suitcases. Even better if the bag is waterproof!

Make sure that your luggage is clearly labeled with your name and destination on the outside. Also, put a second label or big piece of paper inside your luggage with the same information. Note the name of the Ship and your mobile number as well.

# Warm and waterproof clothes

It can get pretty cold during sailing, especially at night, even during summer. Your jacket should be windproof! Bring a rain suit and rubber boots or waterproof shoes – recommended at least two pairs. Some profile on the soles of your shoes is recommended to avoid slipping on a wet deck.

Sometimes work on board can get a little messy, so you might get dirty. Bring appropriate clothing and don't forget that doing laundry might be difficult, or even impossible.

#### Recommended clothes:

- Comfortable shoes with low heel and nonslippery soles
- Boots or waterproof shoes
- Sandals (preferably ones that stay on your feet, no open toes)
- Enough clothing for all weather circumstances
- Watertight jacket and pants
- Warm sweaters, T-shirts etc.
- Socks, underwear and nightwear/ pajamas
- Swimming gear
- Hat or cap, scarf, gloves even in the summer, unless you're sailing in the tropics
- Toiletries (toothbrush, toothpaste, hairbrush, shampoo, soap etc.)

#### More ideas:

- Photo camera and filming equipment
- Sunglasses (with a cord) and if you use glasses, take a spare pair with you!
- Sun lotion
- Personal medicines
- Small backpack to use in the harbour
- Musical instruments
- Board games
- Addresses of family and friends
- Pen and paper
- Reusable water bottle
- Some special snacks from your country
- Don't bring jewelry

# EXTRA REQUIREMENTS PER SHIP

**Alexander von Humboldt II\***: Towels. Covid-19 vaccine required – more details here.

Anne-Margeretha\*: Sleeping bag, sheets and towels (can be rented on board for €15 p.p.)

Atyla\*: Sleeping bag, pillowcase, towels.

Bark Europa\*: Blue Clipper\*: Towels

**Challenge Wales\*\***: Sleeping bag, pillow, pillowcase, sheets and towels, sailing gloves. *No single-use plastic bottles on board! No smoking/vaping on board.* 

Christian Radich\*: Sleeping bag, towels

Eendracht\*: Towels

**Patricia:** Sleeping bag, pillowcase, towels and shoes with rubber anti slip soles (<u>soles not black</u>)

**Pelican of London\*\***: Duvet cover, 2 pillowcases, sheets and towels. Covid-19 vaccine required – more details here.

Picton Castle\*\*\*: Sleeping bag and towels

Roald Amundsen\*: Towels.

Saeftinghe\*: Towels

Santa Maria Manuela\*: Beach towel for swimming

Sørlandet\*: Sleeping bag and towels

**Gulden Leeuw\*:** Sleeping bag, towels, headlamp/torch **Helena\*:** Sleeping bag, pillowcase, bed sheets, towels, working gloves.

Ingo\*: Sleeping bag, pillowcase, bed sheets, towels

Maybe\*\*: Sleeping bag and towels

Morgenster\*: Towels. Sleeping bag for: trainees who booked a hammock or sailing in the Tall Ships Races, Regatta or Exchange@sea/Clean Circle Navigators

(unless other information is given)

**Oosterschelde\*:** Beach towel for swimming, if applicable

**Statsraad Lehmkuhl\*:** Sleeping bag, pillow, pillowcase, sheets and towels. Recommended earplugs for light sleepers.

Tecla\*: Towels (can be rented on board)

**Tenacious\*\*:** Towels (boots and rain gear are provided on board)

Thalassa\*: -

**Valborg\*:** Sleeping bag, pillow, pillowcase, bed sheets and towels

**Vega Gamleby\*:** Duvet and duvet cover (or sleeping bag), sheets, pillowcase and towels. *All meals on board are vegetarian!* 

**Wylde Swan\*:** Sleeping bag, pillowcase, bed sheets, towels

- \* Electricity on board 220V you need a 2 pin plug (European)
- \*\* Electricity on board 240V you need a 3 pin plug (British)
- \*\*\* Electricity on board 110V you need an American/Canadian plug

#### ADDITIONAL INFORMATION

# Seasickness

Some people get seasick and some don't. Most will depend on the weather situation in the first days at sea. What helps is being fresh on the morning of departure. So get a good night's sleep and don't drink too much alcohol on the evening prior to departure. Make sure you have eaten enough and keep on eating but drink no coffee when you feel the first signs. If you decide to use motion sickness pills to prevent getting sick, make sure to take them before departure. If you'd like to be super-prepared you can find our article about seasickness here.

# Contact the ship for emergency/family

In case of emergency you may contact the Ships through Windseeker by phone +31 (0) 6-82790115. Do not forget to give this number to your family/friends.

#### Questions?

If you have any questions, don't hesitate to contact us by email info@windseeker.org or phone +31 (0) 6-82790115

Check out the Getting Ready section of our website more information.

Fair Winds!

The Windseeker Team

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