

## Exchange@sea

# WIND: Windseeker Intercultural Navigation and Discovery

### Travel suggestions

Leg 1: Brest (France) – Den Helder (Netherlands)

Leg 2: Den Helder (Netherlands) – Rostock (Germany)

### General advice

Would you like help with booking your travel to- and from the host ports? Manon Eeken from Travel Counsellors can help you out! Check out the [Travel Counsellors website](https://www.travelcounsellors.nl), or contact Manon Eeken at:

- [manon.eeken@travelcounsellors.nl](mailto:manon.eeken@travelcounsellors.nl)
- +31 023-5762105

If you prefer to arrange your own travel, you can use our advice below.

### BREST (FRANCE)

In order to reach Brest, you can either fly to Brest Bretagne Airport (BES) or fly to Paris and take a train (TGV costs approx. € 70 and takes 4 hours). Flixbus would take almost 10 hours to get to Paris, and is therefore not advisable, unless you don't mind the adventure.

You can fly directly to Brest from many cities in Europe, including Athens, Dublin, London, Rome, and of course Paris.

With a change in Paris-Charles de Gaulle (CDG) you can reach most places in Europe.

Check out [Skyscanner](https://www.skyscanner.nl) to find the best flights for you.

To reach the port, take the Line 16 Bus from the Airport terminal heading toward Brest Gare Routière, step off at the Kennedy Gares station, and walk down to the port. The bus takes approx. 1 hour.

A taxi would take 15-20 minutes.

### Green travel

Because of the distances, it is not very convenient to reach Brest by train or coach from other countries.

### In Brest

If you arrive by train from Paris, from the train station Gare de Brest it is a 15-min walk to the harbour.

## DEN HELDER (NETHERLANDS)

Den Helder is located around 90 km north of Amsterdam, therefore the most convenient way to travel from abroad is via the Amsterdam Schiphol Airport (AMS), which is incredibly well-connected.

Check websites like [www.skyscanner.com](https://www.skyscanner.com) to compare the best options from your country.

To travel between Den Helder and the airport you need to change in Amsterdam (Amsterdam Centraal).

Train between Amsterdam and Den Helder takes around 1 hour and 20 minutes, operated by NS. There are trains daily from 05:29 am until 12:09 am, approx. every half an hour. You can check their schedules at: <https://www.ns.nl/en>

Between Amsterdam Centraal and the Schiphol Airport there are several trains per hour, with a journey time approx. 15-20 minutes.

### Green travel

You can take a train to Amsterdam Centraal from many cities in Europe, or use Flixbus if more convenient.

### In Den Helder

The walk between the harbour and train station is not long, it takes approx. 15 minutes (1,2 km). If walking such distance is not an option, a taxi would cost approx. € 15.

## ROSTOCK (GERMANY)

### Flying

Although there is an airport in Rostock, flying from there to your home country is most likely very expensive and it is a long journey that includes at least one stop in between. Therefore, we would recommend traveling to Berlin Brandenburg Airport (BER) or to Hamburg International Airport (HAM). Both can be reached by train (Rostock to Berlin will take approx. 2,5-3h and Rostock to Hamburg approx. 3-3,5h). Additionally, you can take a 4-hour Flixbus directly to Berlin Airport from Rostock.

Check out [Deutsche Bahn](https://www.deutschebahn.com) or [Omio](https://www.omio.com) to find your best route.

Check out [Skyscanner](https://www.skyscanner.com) to find the best flight for you.

### Green travel options

There are direct Flixbus services from Rostock to Amsterdam and Copenhagen. Other European cities can often be reached with one change.

Alternatively, you can take a train, but you will most likely have to change in Berlin.

### In Rostock

A walk between the Rostock main train station Rostock Hauptbahnhof and the harbour takes approx. 25 minutes (1,7 km).

If this is not doable for you, you can take tram 5 or 6 from Rostock Kröpeliner Tor to Hauptbahnhof (6 stops).