



FOR YOUR SAILING JOURNEY YOU SHOULD BRING THE FOLLOWING ITEMS

Bag

When packing, think of the limited space on board. Packing in a foldable bag is recommended; there's no space to store big, hard covered suitcases. Even better if the bag is waterproof!

Make sure that your luggage is clearly labeled with your name and destination on the outside. Also, put a second label or big piece of paper inside your luggage with the same information. Note the name of the Ship and your mobile number as well.

Valid travel documents and papers

European Identity Card or valid passport for European citizens travelling within Europe (check the reverse of the ID card for countries in which it is valid). Valid passport for Non-European citizens or EU citizens travelling outside of Europe (valid for at least 6 months after your voyage). Insurance card and copy of policy (liability, health and travel insurance). Please also take a photocopy of your passport/ID with you.

VISAS

You must always make sure to have the current and appropriate visas to your nationality and expected countries visited! Consult with your country's ministry for foreign affairs, embassies or check: <https://www.visahq.com/visas.php>

Insurance

You are required to carry the following insurances:

1. Medical insurance, for your home country.
2. Travel insurance which covers medical expenses abroad, loss of luggage and third party liability.

Each Tall Ship has a "Protection and Indemnity Insurance" that covers you in the event you're hurt by actions that the crew take (or fail to take).

Pocket money

Coffee, tea and milk are included. Other consumptions (soda, candy if available on board) will have to be paid for at the end of your Journey. Most ships accept cash, some also accept debit/credit cards.

Drugs, Medication and/or Diets

Drugs of all kinds are not permitted on board. However, personal medication accompanied by doctor's statement or prescription is allowed. Please inform us in advance about your medical condition in the health statement. We will brief the responsible officer on board (and that person only). The cook on board is limited in the possibilities to make special food. If you are vegetarian or have special wishes, please let us know beforehand – if you did not mention it at the health statement – so we can inform the cook.

CLOTHING AND TOILETRIES

Warm and waterproof clothes

It can get pretty cold during sailing, especially at night, even during summer. Your jacket should be windproof! Bring a rain suit and rubber boots or waterproof shoes – recommended at least two pairs. Some profile on the soles of your shoes is recommended to avoid slipping on a wet deck.

Sometimes work on board can get a little messy, so you might get dirty. Bring appropriate clothing and don't forget that doing laundry might be difficult, or even impossible.

Recommended clothes:

- Comfortable shoes with low heel and non-slippery soles
- Boots or waterproof shoes
- Sandals (preferably ones that stay on your feet, no open toes)
- Enough clothing for all weather circumstances
- Watertight jacket and pants
- Warm sweaters, T-shirts etc.
- Socks, underwear and nightwear/ pajamas
- Swimming gear
- Hat or cap, scarf, gloves – even in the summer, unless you're sailing in the tropics
- Toiletries (toothbrush, toothpaste, hairbrush, shampoo, soap etc.)

More ideas:

- Photo camera and film equipment
- Sunglasses (with a cord) and if you use glasses, take a spare pair with you!
- Sun lotion
- Personal medicines
- Small backpack to use in the harbour
- Musical instruments
- Board games
- Addresses of family and friends
- Pen and paper
- Reusable water bottle
- Some special snacks from your country
- Don't bring jewelry!

EXTRA REQUIREMENTS PER SHIP

Atyla: Towels

Gulden Leeuw: Sleeping bag, towels, headlamp/torch

Morgenster: Sleeping bag, towels

Vega Gamleby: Duvet and duvet cover (or sleeping bag), sheets, pillowcase and towels. *All meals on board are vegetarian!*

Electricity on board 220V – you need a 2 pin plug (European)

WINDSEEKER

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ADDITIONAL INFORMATION

Seasickness

Some people get seasick and some don't. Most will depend on the weather situation in the first days at sea. What helps is being fresh on the morning of departure. So get a good night's sleep and don't drink too much alcohol on the evening prior to departure. Make sure you have eaten enough and keep on eating but drink no coffee when you feel the first signs. If you decide to use motion sickness pills to prevent getting sick, make sure to take them before departure. If you'd like to be super-prepared you can find our article about seasickness [here](#).

Contact the ship for emergency/family

In case of emergency you may contact the Ships through Windseeker by phone +31 (0) 6-82790115.
Do not forget to give this number to your family/friends.

Questions?

If you have any questions, don't hesitate to contact us by email info@windseeker.org or phone +31 (0) 6-82790115

You can also check out the [Life on Board](#) section of our website for frequently asked questions, logs from previous journeys, articles, photos and more.

Fair Winds!

The Windseeker Team

SET COURSE FOR NEW HORIZONS

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